

SPIRITUAL HEALTH GOALS

CORE PRACTICES

1. Read God's Word = hearing from God through the reading of Scripture
2. Pray/ Intercede = ask God to intervene in our lives and others lives
3. Worship = give thanks and adoration to God
4. Silence = give God space to speak to you

ABIDING IN CHRIST



No interest
No practices

Practicing at church
1x + a month
Interest in learning
personal practices

Starting practices
Moving toward
intimacy with God

Growing practices
Growing closer to
hear God

Continual practices
Deep connection to
God

INTIMACY WITH GOD
BY SITTING WITH HIM & FOLLOWING HIM DAILY

BLESS PLAN

Begin with Prayer: Praying regularly for people far from God in your spheres of influence

Listen with Care: Entering spiritual conversations by asking questions, listening, and formulating Jesus-honoring responses.

Eat Together: Sharing meals with people who don't yet know Christ personally.

Serve with Love: Serving people and inviting them to help you in different ways.

Share Your Story and God's Story: Sharing your salvation story in relevant ways.

Speaking openly about your relationship with Christ and sharing how He is influencing your life.

RATE MY OUTREACH TEMPERATURE (1-10)



1

Apathy

*Unaware

*Disobedient

*Hostility

2

Growing Passion

*Love for God & People

*Desire & Prayer

*Building Relationships

3

4

5

Growing Practice

*Learning Methods

*Trying & Improving

*Spiritual Dialogue

6

7

8

Growing Influence

*God Uses Me

*People Believe in Christ

*High Influence

9

10

FRANC – People far from God in my spheres of influence I pray for regularly:

Friends _____

Relatives _____

Acquaintances _____

Neighbors _____

Co-workers _____